

Healthy & Delicious After School Snack Ideas

Easy DIY Snack Ideas...

Popcorn + String Cheese + Grapes

Carrots, Sugar Snap Peas. Cucumbers & Other Veggies + Ranch Dressing + Cheddar Cheese

Fruit Salad Bar {Apples, Grapes, Oranges} + Yogurt Dip + Chopped Nuts + Shredded Coconut

Tortilla Chips + Guacamole + Orange Slices

Bean & Cheese Burritos {Corn Tortilla, Refried Beans, Monterrey Jack-heated} + 1 Pear

Easy Recipe Ideas...

Super Easy, Super Cheesy Toast + Apple Slices

PBJ Smoothie

Bananas Foster w/ Cinnamon Streusel Topping

Apple Cinnamon Oatmeal Crisp + Plain Greek Yogurt

Rainbow Smoothie Power Popsicles

Apple Crisp Snack Parfaits

Peanut Butter Energy Bites + Grapes

Baked Tortilla Chips + Chili Cheese Dip + Raw Veggies

Iced Berries with Hot Chocolate Sauce + Plain Greek Yogurt

Broccoli & Sausage Egg Muffins + Fresh Fruit

Oatmeal Squares with Cherries + Applesauce + Cottage Cheese

Green Apple Fruit Leather + String Cheese

Sweet Potato Guacamole + Raw Veggies + Tortilla Chips

Chocolate Dipped Fruit On a Stick + Plain Greek Yogurt

DIY Greek Yogurt Sundae Bar

Visit <http://www.eastewart.com/recipes-and-nutrition/smart-snacking-part-1-20-after-school-snacks-your-kids-will-love/> for links to recipes above.